

A groom's guide to gettin' hitched

Quick tips to help the groom-to-be prepare for his day at the altar

By Jeff Gable
Rome News-Tribune Staff Writer
JGable@RN-T.com / 706-290-5267

The big day for the bride starts with an extensive routine of hair, make up and primping.

And while the groom's wedding preparations probably don't need to be as detailed, there are still a few things to remember as the husband-to-be gets ready for the ceremony.

Look on any wedding advice Web site and you'll see a standard list of bridal tips and "to do" items for the big day. But grooms should take care of a few things themselves in the days and weeks leading up to the wedding so that they look at feel their best.

First, go visit a formalwear shop fairly soon after the proposal to pick out a tuxedo. Take along the bride-to-

be for some advice, and it might not be a bad idea to also include a close friend or relative — perhaps one who has gone through the wedding process before. Use these people as advisers to get some ideas.

Get all the measurements while you're there. Don't just assume you're still a 32-inch waist — make sure they get the proper lengths and sizes for your shirt, coat, pants and shoes. You don't want to be known as the ill-fitting groom.

Second, plan to get a haircut a week or 10 days before the wedding. You don't necessarily want the cut the day before the ceremony — give it a little time to grow out so you can style it how you like it best. And make

sure while you're there that you get the sideburns and neck fuzz trimmed as well!

Third, make sure you take care of your skin in the days leading up

to the ceremony. Moisturize any dry spots, don't get a sunburn so that you're known as the "glowing groom" and get a new razor for your wedding day shave.

Soak a washcloth in very warm water and apply to your face for a minute or two before the shave to soften up the facial hair. Following the shave, use some skin conditioner or after-shave to smooth things up.

Fourth, take care of your teeth. Stop by a dentist in the month leading up to the wedding to get a good cleaning and whitening. On the big day, brush and floss well, and be

sure to use mouthwash. Make sure that your wedding kiss is a good one for your new wife.

Finally, lay out everything a few days before the wedding and go over your list. Make sure you have the accessories (tie, cummerbund, etc.) for the tux and that you know how they fit together. Try on the shoes to make sure they fit, and remember to include an undershirt when you get dressed.

As you look in the mirror on the day of your wedding, you want to make certain that you look and feel your very best. Now take a deep breath and relax — this will be a time you'll always remember!



2008 Wedding Services Directory



LA SCALA
ITALIAN RESTAURANT & BAR



We set the standard in fine dining, for all others to follow...

Trying to find the perfect place for your rehearsal dinner or reception? Call LaScala to see how we can help.

413 Broad Street • Downtown Rome • 706-238-9000



All-Clad Cookware

Quality pots and pans that last a lifetime

Bridal Registry Available
Free Parking Behind Building



RIVER CROSSING • 100 WEST 2ND AVE • ROME, GA • 706-291-1023

